

# Client Guidelines and Agreements

Teresa Robertson RN,CNM,MS, Birth Intuitive™, Intuitive Counselor

I am looking forward to working with you as an intuitive counselor.

In the interest of structure and clarity, please read through the following points of how I manage my practice.

Please feel free to contact me with any questions or if you desire further clarification.

## FEES

Your Session fees include:

- A thorough review of your lab work
- An overall intuitive mind/body assessment; creation of an individualized mind/body/spirit care plan
- A digital recording that will be emailed to you within 1 to 4 days after the session
- Pertinent and meaningful handouts in relation to your session content
- If so desired, follow up and coordination of your care plan with your other care providers.

\$225 for an initial 90 minute session

\$150 for a 60 minute follow-up session

## PACKAGES

\$500 for a 3 session package – a \$25 savings (1 initial and 2 follow-up sessions)

\$750 for a 5 session package – a \$75 savings (1 initial and 4 follow-up sessions)

\$990 for a 7 session package – a \$135 savings (1 initial and 6 follow-up sessions)

- All packages are to be used from 1 year of purchase
- Packages are transferable
- Packages are non -refundable
- I do not provide insurance reimbursement, however, I am happy to provide you with a receipt for you to use with your insurer or for an HSA account.
- For, In Person Sessions Cash, Check and Credit Card are accepted.
- For All Long- Distance Sessions, ALL payments are made through my website using your credit card or Paypal account.

You do not need to have a Paypal account to make a credit card payment.

Those of you using a credit card to pay for your session, that includes all long-distance session clients, please make your payments on the website <http://www.livingintuitivecounseling.com/>

Click on the appropriate session purchase and follow the instructions from there.

- For long distance clients, payment must be received at least 24 hours prior to

your scheduled appointment, or the appointment will be considered cancelled.

#### SESSIONS

- I have a 24 hour, cancellation policy. In the event you need to change your appointment please do so 24 hours before your scheduled time
- I appreciate as much notice as possible. If you cancel/change your appointment before 24 hours, I will need to charge you for that time unless I there is someone who can readily fill that spot.
- For long distance sessions originating from outside the continental US, the client will call me if Zoom or Face Time is not used.
- Being more than 10 minutes late for your appointment, will be considered a no-show appointment, and you will be charged for your appointment.

#### CONFIDENTIALITY

Please know that anything discussed during our sessions is done so in complete confidence. If you wish that I contact your other health care providers about your care with me, we can sign a release of records during your session.

#### PHILOSOPHY OF CARE

I witness miracles in my work as an Intuitive Counselor. As a result, my sessions tend to illuminate hope. Intuitive counseling is an art not a science. Therefore, impression and input that come forth during a session may or may not manifest into a physical reality form. Reasons for that include free will, personal responsibility and our experience (karma). I discuss and focus on possibilities, not certainties.

I am not interested in making predictions

The intentions I hold as I read are:

- to come from my heart; to read from a place of neutrality
- to share information in a way that you and your system can best understand and integrate it
- and to share only as much that is easily synthesized by your system.

In sessions involving unborn children, hope and miracle are energies in which they come to us. The challenge inherent in unborn child readings is that they can be around us whether or not they are in a viable body. Therefore, I do not hold myself liable for the determining the accuracy of; the possibility of a pregnancy, its viability or the gender involved.

Ultimately, we are not in control. It is my hope that the information that we share in a session enables you, my client, to cultivate empowerment and hope in the face of uncertainty; and within that, the gift to create your own miracle.

#### EXTRA TIME

Between our sessions, if you have a question, get stuck, or have a big yeah that you would like to share with me, please feel free to contact me. This is part of the service that I provide. I do ask, that you keep this contact to the 5-10 minute mark.

If you feel you need more than that amount of time, we can schedule an additional appointment in which to meet your needs.

#### CHALLENGES

My gift is in getting to the true heart of the matter. The information that I get led to read, often lies/exists in an area where you have stored or in your "blind spot". A deep healing process often contain an initial phase of opening, expansion, and illumination and then a contraction reintegration phase.

So, it may feel liberating and validating for these issues or areas to be seen and explored during the expansive opening energy of a session. Sometimes after a session, as your system reintegrates some of this deep exploration, it may not feel as good to you as it did during the session. The container of our work is often one of session to session. Therefore, it is my request that if a session is not settling and reintegrating, or if you feel stuck that you contact me, so we dialogue about it.

- I will use your email in order to send you your handouts and session
- I also maintain an email list of clients
- Let me know at any time if you prefer not receive blog communications
- I promise to never sell or share your email

Client \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

I usually send a thank you note to the person who referred you to me.

If this is not acceptable to you, please indicate that below.

YES/NO I permit Teresa to acknowledge my referral source

Referral Source \_\_\_\_\_

